Atrium Health

WE BELIEVE IN THE

Power OF FOOD

We believe in the power of food to
advance your healing and aid in your well-being.
Its power to connect, comfort, restore
and rejuvenate. Motivated by
this belief, our team of chefs have put together a
menu of daily specials featuring fresh ingredients
which are locally sourced whenever possible.
These modern offerings will be tailored to meet
your specific dietary needs providing you with an
exceptional experience.

Please Enjoy...

A server will assist you with any questions you
may have and guide you through the ordering process.

A Patient Dining Associate will assist
you with any questions you may have
and guide you through the
ordering process.

Dining Associates can
be reached
at _____
between
7:00am-7:00pm daily.

We work with our Atrium partners to incorporate and practice
sustainability throughout our kitchens by increasing our efforts to
reduce food waste and giving back to those in our neighboring
communities. We aim to provide the highest standards and quality
meals including plant-forward/vegetarian options as well as those
on specialized diets.

Rev 8/15/2023

DAILY Specials

MEDITERRANEAN DIET

Your Diet...

LIKE YOUR MEDICATIONS, IS AN IMPORTANT PART OF YOUR TREATMENT AND MAY HAVE RESTRICTIONS TO HELP MEET YOUR MEDICAL NEEDS. PLEASE REFER TO THE QR CODE FOR COMMON DIETS BELOW.

REGULAR

2 GM SODIUM

CONSISTENT CARBOHYDRATE

MEDITERRANEAN

RENAL

VEGETARIAN

INTERNATIONAL DYSPHAGIA

PEDIATRICS

Sunday

Breakfast

SCRAMBLED EGGS
fresh fruit granola yogurt parfait, banana, and old-fashioned oatmeal

Lunch

CHICKEN POT PIE
whole wheat dinner roll, fresh steamed broccoli, melon & grape fruit cup, and vanilla mousse

Dinner

LASAGNA ROLL UP WITH MEAT SAUCE
sautéed zucchini, whole wheat dinner roll, and angel food cake

Monday

Breakfast

WHOLE GRAIN PANCAKES
turkey sausage patty, vanilla yogurt, and mixed melon

Lunch

CAROLINA BBQ PORK ROAST
carolina gold bbq sauce, macaroni and cheese, whole wheat dinner roll, seasoned green beans, melon & grape fresh fruit cup, and applesauce with cinnamon

Dinner

CHICKEN BREAST WITH MARSALA MUSHROOM SAUCE
brown & wild rice pilaf, steamed broccoli & cauliflower, whole wheat dinner roll, and vanilla mousse

Tuesday

Breakfast

SCRAMBLED EGGS
sausage link, fruit cup, whole wheat english muffin

Lunch

CHICKEN TINGA BOWL
shredded chicken in tomato and chipotle chile adobo sauce, with a whole wheat dinner roll, mixed melon, and a banana

Dinner

MEATLOAF
demi-glace, garlic mashed potatoes, whole kernel corn, cubed pineapple, whole wheat dinner roll, and citrus mousse

Wednesday

Breakfast

WHOLE WHEAT CINNAMON FRENCH TOAST
turkey sausage patty, mandarin oranges, and vanilla yogurt

Lunch

GRILLED CHICKEN
mashed potatoes, whole wheat dinner roll, roasted carrots, melon & grape fresh fruit cup, and cinnamon apples

Dinner

PESTO GRILLED CHICKEN
marinara sauce, whole wheat penne pasta, fresh steamed broccoli, fruit cup, and double chocolate trifle

Thursday

Breakfast

SPINACH & PARMESAN QUICHE
turkey sausage patty, vanilla yogurt, mixed melon, and whole wheat english muffin

Lunch

BAKED FISH WITH CRUMB TOPPING
brown rice, whole wheat dinner roll, seasoned green beans, melon & grape fruit cup, cheesecake trifle with fresh berries

Dinner

SPANISH BRAISED BEEF
yellow rice, sautéed spinach, diced peaches and chocolate mousse

Friday

Breakfast

EGG & CHEESE SCRAMBLE BOWL
salsa, turkey sausage patty, and mandarin oranges

Lunch

ROTISSERIE CHICKEN
rosemary roasted potato, whole wheat dinner roll, spicy collard greens, fruit cup, and lemon pudding

Dinner

BROILED SALMON WITH MEDITERRANEAN SPICES
lemon dill sauce, savannah red rice, seasoned green beans, whole wheat dinner roll, and a fruit cup

Saturday

Breakfast

SCRAMBLED EGGS
denver omelet topping, turkey sausage patty, fruit cup, and buttered grits

Lunch

GRILLED PORK CHOP
country peppercorn gravy, herbed brown rice, caramelized carrots, whole wheat dinner roll, melon & grape fruit cup, and a citrus mousse

Dinner

CHICKEN FRIED RICE
mushroom miso broth, mixed melon, and orange creamsicle gelatin